

# Effingham Unit #40 Elementary Menu

## September 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Chicken Nuggets, Broccoli w/Cheese Sauce, Fruit, Elf Grahams, Milk	2 Yogurt Cup, String Cheese, Fresh Veggie Cup, Gripz Grahams, Fruit, Milk	3 Deli Ham & Cheese Sandwich, Baby Carrots, Fruit, Sun Chips, Milk	4 Cheese Pizza Slice, Garden Salad, Fruit, Cookie, Milk	5
6	7 <b>Labor Day</b>  <b>No School</b>	8 Corn Dog, French Fries, Fruit, Milk	9 Spaghetti w/Meat Sauce, Green Beans, Fruit, Breadstick, Milk	10 Beef Nachos w/Cheese & Salsa, Cheesy Refried Beans, Fruit, Milk	11 Bosco Stick w/Sauce, Garden Salad, Fruit, Cookie, Milk	12
13	14 Hamburger on Bun, Pork & Beans, Baby Carrots, Fruit, Milk	15 Biscuit & Gravy, Sausage Patty, String Cheese, Hash Brown, Fruit, Milk	16 Deli Turkey & Cheese Sandwich, Lettuce Salad, Sweet Potato Fries, Fruit, Milk	17 Cheese Pizza Slice, Garden Salad, Fruit, Cookie, Milk	18 <b>1/2 Day of School</b>  <b>No Lunch</b>	19
20	21 Chicken Nuggets, Broccoli w/Cheese Sauce, Fruit, Elf Grahams, Milk	22 Hot Dog on Bun, Baked Beans, Fruit, Goldfish Pretzels, Milk	23 Chicken Tenders, Corn, Fresh Veggie Cup, Fruit, Milk	24 Deli Ham & Cheese Sandwich, Green Beans, Lettuce Salad, Fruit, Milk	25 Bosco Stick w/Sauce, Garden Salad, Fruit, Cookie, Milk	26
27	28 Hamburger on Bun, Smiles, Fruit, Milk	29 Sausage Patties, French Toast Sticks, Baked Bean Fiesta, Milk	30 Deli Turkey & Cheese Sandwich, Lettuce Salad, Sweet Potato Fries, Fruit, Milk			

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
Milk, fruit, & juice offered with each breakfast.		1 Cereal & Toast Or Yogurt & Muffin	2 Cereal & Toast Or Breakfast Stick	3 Cereal & Toast Or Sausage Patty & French Toast Sticks	4 Cereal & Toast Or Mini Cinnis	5
6	7 Labor Day No School	8 Cereal & Toast Or Breakfast Pizza	9 Cereal & Toast Or Biscuit & Gravy	10 Cereal & Toast Or Soft Filled Breakfast Bar	11 Cereal & Toast Or Sausage & Cheese Biscuit	12
13	14 Cereal & Toast Or Waffles & Syrup	15 Cereal & Toast Or Yogurt & Muffin	16 Cereal & Toast Or Breakfast Stick	17 Cereal & Toast Or Sausage Patty & French Toast Sticks	18 Cereal & Toast Or Mini Cinnis	19
20	21 Cereal & Toast Or Pancakes & Syrup	22 Cereal & Toast Or Breakfast Pizza	23 Cereal & Toast Or Biscuit & Gravy	24 Cereal & Toast Or Soft Filled Breakfast Bar	25 Cereal & Toast Or Sausage & Cheese Biscuit	26
27	28 Cereal & Toast Or Waffles & Syrup	29 Cereal & Toast Or Yogurt & Muffin	30 Cereal & Toast Or Breakfast Stick			